



Danish National Birth Cohort

The Maternal Follow-up

– a data collection in the Danish National Birth Cohort

Web Questionnaire

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This code book contains all variables for the questions in the web-based (Allegiance) DNBC Follow-up among Mothers 2014. All mothers in the DNBC were invited to this survey between November 2013 and November 2014. A pilot survey had been carried out from January 2013 till November 2013. A total of 43.641 women responded to the questionnaire including 2686 women in the pilot study.

The current codebook revision is from July 2016.

The aim of the follow-up among mothers in the DNBC was to look at mothers' health in mid-life focusing on both physical and mental well-being (including sleep), physical and mental working environment, charges of motherhood and private life, diet, exercise, weight, reproductive history and urogynecology issues. The questionnaire has been drafted in close cooperation with experts in female conditions, stress, working environment and musculoskeletal problems and validated questions and scales have been used when possible.

A short explanation concerning variable values:

A question with several answer options, e.g. W009_01-W009_10 "Do you feel bothered by the following at your workplace?" contains the values 0=No, 1= Yes, 9=Undefined, 10=irrelevant

The value 9 or 99 means that the question has not been answered (Undefined).

The value 10 or 100 means that the question has been skipped due to the logic skips in the questionnaire (irrelevant)

Lbnr: Mother ID in the DNBC
Lbnr is a part of the key lbgravff, which is composed by 9 numbers and is divided into 4 parts i lbnr | gravnr | flerfold | flernr
Lbnr (ciffer 1-6): Mother ID
gravnr (ciffer 7): Pregnancy ID within DNBC (mothers can participate with several pregnancies)
flerfold (ciffer 8): The number of children in the pregnancy (singleton birth=1, twins =2, triplets =3).
flernr (ciffer 9): The last chiffre identifies the child in twin or multiple births.

WVERSION: Questionnaire version

The first questionnaire version was a pilot version completed by 2686 responders. For the final version numerous changes were made, mainly removing questions.

Some variables in the final version have been changed along the way. These variables were not changed simultaneously, so 328 individuals have responded to version 1 of W003 and W003A and version 2 of W056_1-W056_5 (WVERSION=3). The changes are outlined under the variable in question.

1. Pilot:
These questions differ from the final version: W001, W002, W003, W003A, W037, W037_01_1 - W037_03_1, W037_04_1 - W037_15_1, W037_xx_5, W049, W053, W054, W055, W056_1-W056_5, W094B_1 - W094B_3, W037_xx_6BAF
2686 responses
2. Version 1:
These questions differ from the final version: W003, W003A, W055 and W056_1-W056_5
1888 responses
3. Version 1 for W003, W003A, W055 / version 2 for W056_1-W056_5
328 respondents have received a version where W056_1-W056_5 complied with the final version, but where W003, W003A, W055 complied with version 1.
4. Version 2 (final) 38739 responses

Dear _____

Thank you for participating in the DNBC survey about mothers' health.

Your answers matter!

By answering this questionnaire you are contributing to research that will have an impact on the health of others in the future.

Choose the answer that fits you best

When answering some of the questions there may not be an answering option that matches your situation 100%. This may be a bit frustrating, but just try to choose the answer which seems to fit you the best.

No need to complete the entire questionnaire in one go

If you find that completing the questionnaire takes too long you can simply close your browser window. When you use your password to log on again you can continue answering from where you left off.

Next page...

Use the buttons at the top or the bottom of the window.

Thank you!



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WUDFYLDTO Completed date
FUDFYLDTO Completed date for the 11-year follow-up.
aar11janej Has completed the DNCB 11-year follow-up.

The questions under section "illness" (W027-W028), migraine (W030-W033) and smoking (W079-W086) are identical with the questions asked in the 11-year follow-up. If the participating mother has completed the 11-year follow-up she will not receive these questions again. Her answers from the 11-year old follow-up will be used instead.

If mothers participate in the DNBC with several children they may have filled in the 11-year questionnaire several times. In this case we draw answers from the 11-year questionnaire for which the date of completion is closest to date of completion for the Mother Questionnaire. If the completion dates for two 11-year questionnaires are identical (9 cases), answers from the most complete questionnaire are imported.

28 individuals have indicated that they have completed the 11 year questionnaire without having done so. They have not been given the illness, migraine and smoking questions referenced above.

Only responses given by the mother (F001=1) have been imported from the 11-year questionnaire.

aar11janej 1. Yes → Illness, migraine and smoking questions are skipped (imported from 11-year)
 2. No
 9. Undefined

Education and work life

W001 What connection do you have to the labour market?
 The answer option 3. "I have a job, but I am currently on sick leave" was not included in the pilot version. The questionnaire version appears from the WVERSION variable.

1.	I have a job	→ W003
2.	I have a job, but I am currently on leave	→ W001A → W002(pilot only)* → W003 → W004 → W005 → W014
3.	I have a job, but I am currently on sick leave	→ W003 → W004 → W014 Version 1 and 2 only
4.	I used to have a job	→ W002 → W005 → W014
5.	I have never had a job	→ W002 → W005 → W014
6.	Do not wish to answer	→ W005 → W014
9.	Undefined	

W001A What kind of leave are you on?
 Dependent on: W001

1. Educational leave
2. Maternity leave or care leave
3. Other
4. Do not wish to answer
9. Undefined
10. Irrelevant

W002 If you are not currently employed, are you then:

Dependent on: W001

In the pilot version there is a supplementary answer option: On leave (Maternity leave, educational leave, etc.) As this option does not exist in the final version, all "On leave" answers have been recoded to the value 7. "Other" The version appears from the WVERSION variable.

NB! In the pilot version it was possible to answer question W002 if you had answered W001=2, which resulted in answers that were not logic. As from version 1 the logic skips were corrected.

1. receiving unemployment benefits
2. Early retirement pension
3. receiving cash benefits
4. Housewife (no other job)
5. Studying
6. On sick leave
7. Other
8. Do not wish to answer
99. Undefined
100. Irrelevant

W002A You may add detail concerning the reasons for receiving early retirement pension: _____

Dependent on: W001, W002

W003 Which kind of workplace do you work in?

Dependent on: W001

Inspired by National Research Center for the Working Environment (NFA) questionnaire from 2010 (from now on NFA 2010) For the Danish questionnaires please consult <https://nfa.dk/da/Vaerktoejer/Sporgeskemaer/>.

The answer option 6. "Independent" was added in version 2. In the pilot version and in version 1 W003 has been recoded to the value 6 "Independent" for those cases where the W003A free text answer was Independent. The version appears from the WVERSION variable

1. State
2. Region
3. Municipality
4. Private
5. Semi-public
6. Independent (version 2 only)
7. Other, please describe: ____ **W003A** _____
99. Undefined
100. Irrelevant

W004 What is your precise job title?

Dependent on: W001

(Please enter "Nurse in a childrens' ward" or "sales assistant in hardware store" – not just "nurse" or "sales assistant") _____

W005 You can add a comment about your work life here. You can return to this field if you wish to expand on other issues concerning your work life.

W006 Do you hold a management position, which involves staff responsibility?

Dependent on: W001

Inspired by the Glostrup survey 2007

1. Yes
2. No → W007
9. Undefined
10. Irrelevant

W006A I am responsible for...

Dependent on: W001, W006

1. 1-5 staff
2. 6-15 staff
3. more than 15 staff
9. Undefined
10. Irrelevant

W007 How many hours do you work during a typical week? (including overtime, if any)?

Dependent on: W001

Inspired by NFA 2010

1. None
2. 0 to 5
3. 6 to 10
4. 11 to 15
5. 16 to 20
6. 21 to 25
7. 26 to 30
8. 31 to 35
9. 36 to 40
10. 41 to 45
11. 46 to 50
12. 51 to 55
13. 56 to 60
14. More than 60
15. Do not know
99. Undefined
100. Irrelevant

W007A For how many of the above hours are you working from home – give us your best estimate.

Dependent on: W001 W007

Note! Error in logic skips. When answering W007 = 1 None, it has been possible to also answer W007a, which has resulted in illogical answers.

1. None
 2. 0 to 5
 3. 6 to 10
 4. 11 to 15
 5. 16 to 20
-

- 6. 21 to 25
- 7. 26 to 30
- 8. 31 to 35
- 9. 36 to 40
- 10. 41 to 45
- 11. 46 to 50
- 12. 51 to 55
- 13. 56 to 60
- 14. More than 60
- 15. Do not know
- 99. Undefined
- 100. Irrelevant

W008 What time of day do you usually work?

Dependent on: W001

Inspired by interview 1 in DNBC

- 1. Daytime
- 2. Evening
- 3. Both day and evening (within the same 24 hours)
- 4. Night
- 5. Changing working hours including night
- 6. Changing working hours excluding night
- 7. Do not know
- 99. Undefined
- 100. Irrelevant

Physical work environment

Do you feel bothered by the following at your workplace? (You may tick several boxes)

Dependent on: W001

- W009_01** 1. Noise
- W009_02** 1. Draft, cold, heat
- W009_03** 1. Chemical substances
- W009_04** 1. Inappropriate working positions
- W009_05** 1. Repetitive tasks
- W009_06** 1. Heavy lifting
- W009_07** 1. Physically demanding work
- W009_08** 1. High pace
- W009_09** 1. Long working days
- W009_10** 1. None of the above

Mental work environment, job satisfaction

We have used NFA's validated scales to describe mental work environment. The scales consist of 4 questions each and we have chosen the short scales with 2 questions each. The short version has also been validated. We have chosen the scales with the highest relevance for the age group.

For the Danish questionnaires and their validation, please consult

<https://nfa.dk/da/Vaerktoejer/Sporgeskemaer/>.

Some of these questions fit you and your job better than others. Try to answer all the questions anyway.

Dependent on: W001

	Undefined 9. Irrelevant 10.	Always	Often	From time to time	Rarely	Never /almost never	Do not know
W010_01	Do you fall behind with your work tasks?	1.	2.	3.	4.	5.	6.
W010_02	Do you have enough time to complete your tasks?	1.	2.	3.	4.	5.	6.
W010_03	Does your work put you in emotionally stressful situations?	1.	2.	3.	4.	5.	6.
W010_04	Does your work include considering other people's personal problems?	1.	2.	3.	4.	5.	6.
W010_05	How often do you get help and support from your colleagues?	1.	2.	3.	4.	5.	6.
W010_06	How often are your colleagues willing to listen to your work related problems?	1.	2.	3.	4.	5.	6.
W010_07	Is it possible for you to make important decisions regarding your work?	1.	2.	3.	4.	5.	6.
W010_08	Do you have an influence on your workload?	1.	2.	3.	4.	5.	6.
W010_09	How often is your immediate superior willing to listen to your problems regarding work?	1.	2.	3.	4.	5.	6.
W010_10	How often do you get help and support from your immediate superior?	1.	2.	3.	4.	5.	6.

	Undefined 9. Irrelevant 10.	Yes, often	From time to time	Rarely	No, never	Do not know
W011_1	Do you sometimes find there is a conflict between your work and your private life, where you would like to be "both places at the same time"?	1.	2.	3.	4.	5.
W011_2	Do you feel that your work takes up so much of your time that your private life suffers?	1.	2.	3.	4.	5.
W011_3	Does your family or friends tell you that you work too much?	1.	2.	3.	4.	5.

	Undefined 9. Irrelevant 10.	To a great ex- tent	Greatly	Partly	To a small ex- tent	To a very small ex- tent	Do not know
W012_1	Are your work tasks meaningful?	1.	2.	3.	4.	5.	6.
W012_2	Do you feel you are doing an important job?	1.	2.	3.	4.	5.	6.
W012_3	Does the immediate management give high priority to job satisfaction?	1.	2.	3.	4.	5.	6.
W012_4	Is the immediate management good at communicating with the employees?	1.	2.	3.	4.	5.	6.

W013 How happy are you with your job as a whole, all things considered?

Dependent on: W001

1. Very happy
2. Happy
3. Unhappy
4. Very unhappy
5. Do not know
9. Undefined
10. Irrelevant

Health and Well-Being

All questions concerning health and well-being have been discussed with stress researcher Naja Hulvej Rod, Copenhagen University and occupational health physician Henrik Kolstad, Aarhus University.

W014 How would you rate your overall health?

Global health question from SF-36.

1. Excellent
2. Very good
3. Good
4. Not so good
5. Poor
9. Undefined

W015 During the past 4 weeks have you suffered from acute illness or physical damage that has significantly affected your well-being or your physical ability?

1. Yes
2. No
3. Do not know
9. Undefined

Can you carry out the following activities?

Impaired physical mobility, inspired by Metropolit 2004 and adjusted to fit the age group.

	Undefined 9.	Yes, without difficulty	Yes, but with difficulty	No, not at all	Do not know
W016_1	...run for 1 kilometer without a break (without regard to speed)	1.	2.	3.	4.
W016_2	...walk for one hour without a break (approx. 5 kilometers)	1.	2.	3.	4.
W016_3	...walk two flights of stairs?	1.	2.	3.	4.
W016_4	...house work like vacuuming, floor washing and window cleaning	1.	2.	3.	4.

How have you been during the past 4 weeks?

*Scales are developed and validated by **The National Research Center for the Working Environment (NFA)** For Danish version please consult:*

<https://nfa.dk/da/Vaerktoejer/Sporgeskemaer/Dansk-psykosocialt-sporgeskema>

	Undefined 9.	All the time	A great deal of the time	Part of the time	Some of the time	At no time	Do not know
W017_1	How often have you found it hard to relax?	1.	2.	3.	4.	5.	6.
W017_2	How often have you been irritable?	1.	2.	3.	4.	5.	6.
W017_3	How often have you been tense?	1.	2.	3.	4.	5.	6.
W017_4	How often have you been stressed?	1.	2.	3.	4.	5.	6.

W017_5	How often have you found it hard to fall asleep?	1.	2.	3.	4.	5.	6.
W017_6	How often have you woken up several times and found it difficult to go back to sleep?	1.	2.	3.	4.	5.	6.
W017_7	How often did you feel that your body was not rested when you woke up in the morning?	1.	2.	3.	4.	5.	6.

Sleep and sleep medication

Inspired by the "How are you survey 2010", Region Midt (KRAM: Diet, smoking, alcohol, exercise) and Lux@r, a scientific survey on work and light.

W018 Have you ever used prescribed medication to help you fall asleep?

1. Yes
2. No → W019
3. Do not know → W019
9. Undefined

W018A How often, during the past 4 weeks, have you used this medication to help you fall asleep?

Dependent on: W018

1. Daily
2. Every week, but not daily
3. Less often than every week
4. Have not used within the past 4 weeks
5. Do not know
9. Undefined
10. Irrelevant

W019 How often do you feel that you have not had enough sleep during a day? (24h)

1. Daily
2. Every week, but not daily
3. Less than every week → W020
4. Not within the past 4 weeks → W020
5. Do not know → W020
9. Undefined

What do you think is the reason for not getting enough sleep? (You may tick several boxes)

Dependent on: W019

Inspired by SUSY ("Health and Illness Survey 2005) questionnaire 2. In the following named SUSY 2005.

- W019A_1 1. External disturbances or duties (e.g. noise, small children)
- W019A_2 1. Irregular or changing working hours
- W019A_3 1. Pain, anxiety or discomfort
- W019A_4 1. Stress and/or busy at work
- W019A_5 1. Busy both on the job and in private life
- W019A_6 1. Concerns in my private life
- W019A_7 1. Need a lot of sleep
- W019A_8 1. Do not know

Relationship

Questions on 'Marital Stress' are developed by Naja Rod and Rikke Lund og presented in the report 'The Stress and Health sub-study in CAMB'. The report may be requested by writing to Naja Rod huro@sund.ku.dk

The questions are a slightly modified version of the original questions developed by Swedish Kristina Orth-Gomer et al. Please also see 'Orth-Gomer K et al. Marital Stress Worsens Prognosis in Women with Coronary Heart disease. JAMA 2000; 284:3008-2014.

W020 Do you have a husband/partner?

1. Yes
2. No → W021_1
9. Undefined

If Yes: The following questions concern the relationship between you and your partner

Dependent on: W020

	Undefined 9. Irrelevant 10.	Yes	No	Do not know
W020A_01	Is your relationship loving?	1.	2.	3.
W020A_02	Is your relationship friendly?	1.	2.	3.
W020A_03	Is your relationship routine-like?	1.	2.	3.
W020A_04	Is your relationship problematic?	1.	2.	3.
W020A_05	Do you engage in leisure activities together with your spouse?	1.	2.	3.
W020A_06	Do you have your own private life?	1.	2.	3.
W020A_07	Is your partner your closest confidant?	1.	2.	3.

W020A_08	Does your partner consider you his/her closest confidant?	1.	2.	3.
W020A_09	Are there things you can't talk openly about?	1.	2.	3.
W020A_10	Have you had serious problems in the relationship with your partner?	1.	2.	3.
W020A_11	Have you had a serious crisis in your relationship where you have actually considered breaking apart?	1.	2.	3.

W020AA Have you actively solved the problems together?

Dependent on: W020, W020A_10, W020A_11

- 1.** Yes
- 2.** No
- 3.** Do not know
- 9.** Undefined
- 10.** Irrelevant

Serious life events

The scale for life events has been used in the Østerbro survey and the large CAMB (Copenhagen Aging and Midlife Biobank) <https://academic.oup.com/ije/article/45/4/1044/2951587>

Have you in your childhood/youth (before your 20th birthday) experienced the following events?

	Undefined 9.	No	Yes, but I was not affected by it	Yes, and I was a little affected by it	Yes, and I was very affected by it	Do not know
W021_1	Long-lasting illness in your parents	1.	2.	3.	4.	5.
W021_2	Death of your parents	1.	2.	3.	4.	5.
W021_3	Being placed away from home	1.	2.	3.	4.	5.
W021_4	Long-lasting family conflicts	1.	2.	3.	4.	5.
W021_5	Long-lasting unemployment in your parents	1.	2.	3.	4.	5.
W021_6	Long-lasting financial problems in your parents	1.	2.	3.	4.	5.

Have you in your work/career experienced following events?

	Undefined 9.	No	Yes, but I was not affected by it	Yes, and I was a little affected by it	Yes, and I was very affected by it	Do not know
W022_1	Lost my job	1.	2.	3.	4.	5.
W022_2	The prospect of promotion that never came through	1.	2.	3.	4.	5.
W022_3	Long-lasting or serious conflicts with <u>colleagues</u>	1.	2.	3.	4.	5.
W022_4	Long-lasting or serious conflicts with superiors	1.	2.	3.	4.	5.
W022_5	Long-term or serious conflicts with <u>subordinates</u>	1.	2.	3.	4.	5.

Have you in your adult life experienced any of the following events?

	Undefined 9.	No	Yes, but I was not affected by it	Yes, and I was a little affected by it	Yes, and I was very affected by it	Do not know
W023_1	Your own long-lasting or serious illness	1.	2.	3.	4.	5.
W023_2	Long-lasting or severe illness or death of an adult family member	1.	2.	3.	4.	5.
W023_3	Death of any of your children	1.	2.	3.	4.	5.
W023_4	Long-lasting or severe marital problems	1.	2.	3.	4.	5.
W023_5	Long-lasting conflicts within the family	1.	2.	3.	4.	5.
W023_6	Long-lasting or serious financial problems	1.	2.	3.	4.	5.

Have you ever experienced the following in your childhood or adulthood?

	Undefined 99.	Never	Once	Rarely	Sometimes	Often	Very often	Do not know	Do not wish to answer
W024_1	Were you beaten or physically punished as a child (under the age of 15) as part of your upbringing?	1.	2.	3.	4.	5.	6.	7.	8.
W024_2	As an adult (after your 15 th birthday) have you been subjected to violence?	1.	2.	3.	4.	5.	6.	7.	8.
W024_3	Have you been sexually abused as a child (under the age of 15)?	1.	2.	3.	4.	5.	6.	7.	8.
W024_4	Have you, as an adult (after your 15 th birthday) been subject to sexual assault?	1.	2.	3.	4.	5.	6.	7.	8.

Network

Will any of the following people be able to help you with practical matters in everyday life if you need it?

	Undefined 99.	Always	Often	Someti- mes	Rarely	Never	Have none	Do not know
W025_1	Partner	1.	2.	3.	4.	5.	6.	7.
W025_2	Children (yours or your partner's)	1.	2.	3.	4.	5.	6.	7.
W025_3	Family	1.	2.	3.	4.	5.	6.	7.
W025_4	Friends	1.	2.	3.	4.	5.	6.	7.
W025_5	Colleagues (outside working hours)	1.	2.	3.	4.	5.	6.	7.

How have you been this week?

CES-D 10 scale (Center for Epidemiologic Studies Short Depression Scale) Se 'Radloff L. The CES-D scale: a self-report depression scale for research in the general population. Appl Psychol Meas. 1/1977:385-401.

Consider the past week as you answer these questions.

	Undefined 9.	Rarely or not at all (less than 1 day)	Some of the time (1-2 days)	Quite often (3-4 days)	Most of the time or all the time (5-7 days)
W026_01	I was worried about things that don't usually worry me	1.	2.	3.	4.
W026_02	I had trouble keeping my mind on what I was doing	1.	2.	3.	4.
W026_03	I felt depressed	1.	2.	3.	4.
W026_04	I felt that everything I did was an effort	1.	2.	3.	4.
W026_05	I felt hopeful about the future	1.	2.	3.	4.
W026_06	I felt fearful	1.	2.	3.	4.
W026_07	My sleep was restless	1.	2.	3.	4.
W026_08	I felt happy	1.	2.	3.	4.
W026_09	I felt lonely	1.	2.	3.	4.
W026_10	I could not "get going"	1.	2.	3.	4.

Illness

Inspired by the DNBC 7-year follow-up and the Glostrup surveys 2006 and 2007.

The following questions are identical with the questions asked in the 11-year follow-up. If the participating mother has completed the 11-year follow-up she will not receive these questions again. Her answers from the 11-year old follow-up will be used instead.

NB! The answer date will be different if these questions have been answered as part of the 11-year follow-up.

Variable aar11janej =1 indicates that the question has been answered during the 11-year follow-up.

Variable FUDFYLDTO contains the date for the 11-year follow-up answer.

Have you ever been diagnosed with any of the following disorders by a doctor?

NB: Different completion date if aar11janej=1

	Undefined 9.	Yes	No	Do not know	What year did the disorder first appear (approximately)? Type year, e.g. 2004 Type 0 (zero), if you cannot remember the year ¹ NB! "0" for "Do not know" has been recoded as missing and the variable W027_xxAA designates the value "1" for "Do not know"	Have you received medical treatment for the mentioned condition during the past year? 1. Yes 2. No 3. Do not know 9. Undefined 10. Irrelevant	Have you received medical treatment for the mentioned condition at an earlier stage? 1. Yes 2. No 3. Do not know 9. Undefined 10. Irrelevant
W027_01	Type 1 diabetes	1.	2.	3.	W027_01A	W027_01B	W027_01C
W027_02	Type 2 diabetes	1.	2.	3.	W027_02A	W027_02B	W027_02C
W027_03	Blood clot in your leg	1.	2.	3.	W027_03A	W027_03B	W027_03C
W027_04	Blood clot elsewhere	1.	2.	3.	W027_04A	W027_04B	W027_04C
W027_05	High blood pressure	1.	2.	3.	W027_05A	W027_05B	W027_05C
W027_06	High cholesterol	1.	2.	3.	W027_06A	W027_06B	W027_06C
W027_07	Asthma	1.	2.	3.	W027_07A	W027_07B	W027_07C
W027_08	Hay fever	1.	2.	3.	W027_08A	W027_08B	W027_08C

¹ If 0 has been entered as "Do not know" the value has been recoded as missing and the variable W027_xxAA (e.g. W027_01AA) has been given the value 1 for "Do not know"

W027_09	Atopic eczema	1.	2.	3.	W027_09A	W027_09B	W027_09C
W027_10	Food allergy	1.	2.	3.	W027_10A	W027_10B	W027_10C
W027_11	Other allergy	1.	2.	3.	W027_11A	W027_11B	W027_11C
W027_12	Osteoarthritis	1.	2.	3.	W027_12A	W027_12B	W027_12C
W027_13	Rheumatoid arthritis	1.	2.	3.	W027_13A	W027_13B	W027_13C
W027_14	Fibromyalgia	1.	2.	3.	W027_14A	W027_14B	W027_14C
W027_15	Epilepsy	1.	2.	3.	W027_15A	W027_15B	W027_15C
W027_16	Depression	1.	2.	3.	W027_16A	W027_16B	W027_16C
W027_17	Schizophrenia	1.	2.	3.	W027_17A	W027_17B	W027_17C
W027_18	Other mental disorder	1.	2.	3.	W027_18A	W027_18B	W027_18C
W027_19	Prolapsed disc or other back disorder	1.	2.	3.	W027_19A	W027_19B	W027_19C

W028 Would you like to add more detail? Feel free to write a comment here:

NB: Different completion date if aar11janej=1

Pain

Inspired by the questionnaire "On Work and Health", developed by Arbejdsmedicinsk Klinik, Herning (the Occupational Health Clinic in Herning, DK)

W029 How often have you been in pain during the past 4 weeks?

1. Constantly
2. Not constantly, but every day
3. Two to six times a week
4. Two to four times a month
5. Not more than once → W030
6. Not at all → W030
9. Undefined

W029A To what extent has physical pain made your daily work difficult within the latest 4 weeks?

1. Not at all
2. A little
3. Some
4. Quite a lot
5. Very much
9. Undefined
10. Irrelevant

Migraine

The questions are developed by the Danish Headache Center at Glostrup Hospital and validated as described in Gervil M, Ulrich V, Olesen J et al. Screening for migraine in the general population: validation of a simple questionnaire. Cephalalgia 1998; 18: 342-348

The following questions are identical with the questions asked in the 11-year follow-up. If the participating mother has completed the 11-year follow-up she will not receive these questions again. Her answers from the 11-year old follow-up will be used instead.

W030 Have you ever had a migraine?

NB: Different completion date if aar11janej=1

1. Yes
2. No
3. Do not know
9. Undefined

W031 Have you ever had severe headache and nausea at the same time?

NB: Different completion date if aar11janej=1

1. Yes
2. No
3. Do not know
9. Undefined

W032 Have you ever had blurred vision for 5-60 minutes prior to a headache?

NB: Different completion date if aar11janej=1

1. Yes
2. No
3. Do not know
9. Undefined

W033 Have you ever had severe headache together with light and sound sensitivity?

NB: Different completion date if aar11janej=1

1. Yes
2. No
3. Do not know
9. Undefined

Pain and medication

W034 During the past year, have you had a doctor's appointment or an examination due to pain in your back, joints, muscles or other parts of your body?

Inspired by the questionnaire "On Work and Health", developed by Arbejdsmedicinsk Klinik, Herning (the Occupational Health Clinic in Herning, DK)

1. Yes
2. No
3. Do not know
9. Undefined

W035 During the past year have you taken any painkillers?

Inspired by 'Kost, kræft og Helbred'. (Diet, Cancer and Health, Danish Cancer Association)

1. Yes
2. No
9. Undefined

During the past year, what kind of painkillers have you taken? (You may tick several boxes)

Dependent on: W035

- W035A_1** 1. Painkillers containing acetylsalicyl acid (fx Kodimagnyl, Aspirin, Hjertemagnyl, Idotyl, Magnyl, Albyl, Treo, Gelonida)
- W035A_2** 1. Painkillers containing paracetamol (fx Panodil, Pinex, Pamol)
- W035A_3** 1. Painkillers containing ibuprofen (fx Ibuprofen, Nurofen, Ipren)
- W035A_4** 1. Preventive migraine medication
- W035A_5** 1. Migraine attack medication
- W035A_6** 1. Other painkillers

During the past year how many times have you taken these painkillers on an average?

Dependent on: W035, W035A_x

NB! Error in the logic skips. For questionnaires completed 25/2 2014 12:04:38 – 12:04:41 and during other periods it has been possible to answer W035A_1A, W035A_2A and W035A_3A without having answered W035A_1, W035A_2 and W035A_3 respectively beforehand.

	Undefined 99. Irrelevant 100.	Once or less per month	2-3 ti- mes per month	1-2 times per week	3-6 times per week	1-3 times per day	4 or more times per day	Do not know
W035A_1A	Painkillers containing acetylsalicylsyre	1.	2.	3.	4.	5.	6.	7.
W035A_2A	Painkillers containing paracetamol	1.	2.	3.	4.	5.	6.	7.
W035A_3A	Painkillers containing ibuprofen	1.	2.	3.	4.	5.	6.	7.
W035A_4A	Preventive migraine medication	1.	2.	3.	4.	5.	6.	7.
W035A_5A	Migraine medication during attacks	1.	2.	3.	4.	5.	6.	7.
W035A_6A	Other painkillers	1.	2.	3.	4.	5.	6.	7.

W036 If you wish to add more details please feel free to write a general comment on your health here (well-being, sleep, relations, network, life events, pain...)

Childbirths

Inspired by the Aarhus Birth Cohort and the Nurses' Health Study.

Questions about Time to Pregnancy (TTP) is a revised version of a questionnaire suggested by Joffe M et al. Am J Epidemiol. 2005 Jul 15;162(2):115-24.

This section contains questions about your childbirths. We know that it can be difficult to remember these things, but please do your best.

W037 How many times have you given birth?

In the Pilot version the question was phrased: How many times have you been pregnant? For the 2686 pilot women the W037 answer also contains miscarriages and abortions, which need to be deducted. Information can be found in W037_01_1- W037_15_1.

The version appears from the WVERSION variable

1. 1
2. 2
- ...
15. 15

The following questions are answered for each of the number of births stated in W037. xx refers to the birth in question, e.g. the answer to question W037_xx_1 concerning the 5th birth will have the variable label W037_05_1

W037_01_1 - W037_03_1 What was the outcome of your pregnancy?

Dependent on: W037, WVERSION

Option 3. Childbirth, triplets was not given in the pilot version. The pilot option 2. Childbirth multiple has been recoded to 2. Childbirth, twins

The pilot version included the answer options miscarriage and abortion. They were removed from the final version, as they do not count as childbirth. They have been recoded to the value 5.

NB! If the answer is 5, parity will change as miscarriage or abortion do not count as childbirth.

The version appears from the WVERSION variable

1. Childbirth, 1 child
2. Childbirth, twins
3. Childbirth, triplets
4. Stillbirth
5. Miscarriage or abortion (pilot version only)
9. Undefined
10. Irrelevant

W037_04_1 - W037_15_1 What was the outcome of your pregnancy?

Dependent on: W037, WVERSION

The pilot version included the answer options miscarriage and abortion. They were removed from the final version, as they do not count as childbirth. They have been recoded to the value 5.

NB! If the answer is 5, parity will change as miscarriage or abortion do not count as childbirth.

The version appears from the WVERSION variable

1. Childbirth, 1 child
2. Childbirth, twins
3. Stillbirth
4. Miscarriage or abortion (pilot version only)
9. Undefined
10. Irrelevant

W037_xx_2 In which year did you give birth? E.g. 1998 or 2003

Dependent on: W037

Validation applies to the answer so the year entered must be between 1970 – 2015.

[]

W037_xx_3 Was the pregnancy planned?

Dependent on: W037

1. Yes
2. No → W037_xx_4
9. Undefined
10. Irrelevant

W037_xx_3A Number of months you waited before pregnancy was achieved?

Dependent on: W037, W037_xx_3

1. Exact values exists (0-24 months) → W037_xx_3AA
2. 25+
3. Do not know
9. Undefined
10. Irrelevant

W037_xx_3AA Number of months you waited before pregnancy was achieved? Exact value

NB! If W037_xx_3A = 2, the number of months are 25 or more. W037_xx_3AA will have the value missing.

Dependent on: W037, W037_xx_3, W037_xx_3A

0. 0
1. 1
2. 2
3. 3
4. 4
5. 5
6. 6
7. 7
8. 8
9. 9



- 10. 10
- 11. 11
- 12. 12
- 13. 13
- 14. 14
- 15. 15
- 16. 16
- 17. 17
- 18. 18
- 19. 19
- 20. 20
- 21. 21
- 22. 22
- 23. 23
- 24. 24

W037_xx_3B Did you receive infertility treatment?

Dependent on: W037, W037_xx_3

- 1. Yes
- 2. No
- 9. Undefined
- 10. Irrelevant

W037_xx_4 How much did you weigh prior to this pregnancy?

Dependent on: W037

- 1. Exact value exists (35-149 kg) → W037_xx_4A
- 2. 150+
- 3. Do not know
- 9. Undefined
- 10. Irrelevant

W037_xx_4A How much did you weigh prior to this pregnancy? Exact value.

NB! If W037_xx_4 = 2, kgs will be 150 or more. W037_xx_4A will be missing.

Dependent on: W037, W037_xx_4

- 35. 35
- 36. 36
- 37. 37
- 38. 38

- 147. 147
- 148. 148
- 149. 149

W037_xx_5 How much weight (in kilos) did you gain during your pregnancy?

Dependent on: W037

In the pilot version the answer categories are 1 = 'I lost weight', 2 = '0 kg', 3 = '1 kg', 4 = '2 kg' ... 32 = '30 kg', 33 = '31 kg +', 34 = 'Do not know'. The values have been recoded to match the same answers as in the final version.

The version appears from the WVERSION variable

1. I lost weight
2. 0-9 kg → W037_xx_6
3. 10-15 kg → W037_xx_6
4. 16-20 kg → W037_xx_6
5. more than 20 kg → W037_xx_6
6. Do not know → W037_xx_6
9. Undefined
10. Irrelevant

W037_xx_5A How much weight approx. (kilos) did you lose during your pregnancy?

Dependent on: W037, W037_xx_5

1. Exact value (1-20 kg) → W037_xx_5AA
2. 21+
3. Do not know
9. Undefined
10. Irrelevant

W037_xx_5AA How much weight (in kilos) did you lose during your pregnancy? Exact value.

NB! If W037_xx_5A = 2, kgs is 21 or more. W037_xx_5AA will have the value missing.

Dependent on: W037, W037_xx_5, W037_xx_5A

1. 1 kg
2. 2 kg
3. 3 kg
- ...
20. 20 kg

W037_xx_6 Did you breastfeed?

Dependent on: W037

1. Yes
2. No → W038
9. Undefined
10. Irrelevant

W037_xx_6A For how many months did you fully breastfeed your child?

Dependent on: W037, W037_xx_6

0. 0
1. 1
2. 2
3. 3
4. 4
5. 5

- 6. 6
- 7. 7
- 8. 8
- 9. 9
- 10. 10
- 11. 11
- 12. 12

W037_xx_6AA For how many months was your child exclusively breastfeed? Do not know.

Dependent on: W037, W037_xx_6, W037_xx_6A

- 1. Do not know
- 9. Undefined
- 10. Irrelevant

W037_xx_6B For how many months did you breastfeed in total?

Dependent on: W037, W037_xx_6, WVERSION

In the pilot version the question read: "For how many months did you partly breastfeed your child?" As the questions are phrased differently in the pilot and the final version, the pilot variable has been named raw_W037_xx_6BA_p.

The values in W037_xx_6A ("For how many months was your child exclusively breastfeed?") and raw_W037_xx_6BA_p ("For how many months did you partly breastfeed your child?") may be added to give the same value as W037_xx_6BA ("For how many months in total did you breastfeed your child?") NB! The variable W037_xx_6BA will be missing, if WVERSION = 1. Pilot.

The version appears from the WVERSION variable.

- 1. Exact value (0-24 months) → W037_xx_3AA
- 2. 25+
- 3. Do not know
- 9. Undefined
- 10. Irrelevant

W037_xx_6BA For how many months in total did you breastfeed your child? Exact value

NB! If W037_xx_6B = 2, the number of months are 25 or more. W037_xx_3BA will have the value missing.

Dependent on: W037, W037_xx_6, W037_xx_6B, WVERSION

- 0. 0
- 1. 1
- 2. 2
- ...
- 24. 24

From now on please disregard the pregnancies you have just informed us about.

W038 Have you ever tried to become pregnant for more than 1 year without success? Please consider both the periods before as well as after you had your children.

- 1. Yes
- 2. No
- 3. Do not know
- 9. Undefined

Your children's health and well-being

The following questions are answered for each child. xx refers to the birth in question and y refers to twin/triplet a, b or c, e.g. the answer to question W039_xxz_1 concerning the 5th birth and twin b will have the variable label W039_05b_1.

(You may tick several boxes)

Dependent on: W037

- W039_xxz_1 1. Is healthy → W040
- W039_xxz_2 1. Suffers from a chronic disease
- W039_xxz_3 1. Has been ill a lot
- W039_xxz_4 1. Has or has had learning disabilities
- W039_xxz_5 1. Is not or has not been thriving
- W039_xxz_6 1. Is no longer alive → W040
- W039_xxzA To what extent has your child's illness or problems been a burden to you?

Dependent on: W037

1. Not at all
2. Only a little
3. Some
4. A lot
9. Undefined
10. Irrelevant

W039_xxzB Has your child's illness or problems taken up a lot of your time?

Dependent on: W037

1. Not at all
2. Only a little
3. Some
4. A lot
9. Undefined
10. Irrelevant

W040 Would you like to add more detail? Feel free to write a comment here:

Sexual health

Inspired by SUSY 2005

The following questions may feel very intimate. We very much hope you will answer these questions as your answers will help us better understand issues and conditions that affect many women. Our knowledge about women's sexual health and well-being is still too limited.

W041 Are you currently using or have you been using contraception?

NB! Error in logic skips. For questionnaires completed 25/2 2014 12:04:38 – 12:04:41 and during other periods it has been possible to answer W041A_01A and W041A_03A without having answered W041A_01 and W041A_03 respectively beforehand.

1. Yes
2. No → W042
9. Undefined

Which birth control methods have you been using during your life? (You may tick several boxes) Dependent on: W041			Undefined 9. Irrelevant 10. Dependent on: W041, W041A_xx		Less than one year 1 – 10 years 11 – 20 years More than 20 years			
W041A_01	The pill	1.	W041A_01A	For how many years have you been on the pill?	1.	2.	3.	4.
W041A_02	Mini pills	1.	W041A_02A	For how many years have you been on the mini pill?	1.	2.	3.	4.
W041A_03	Hormonal IUD	1.	W041A_03A	For how many years have you been using a hormonal IUD?	1.	2.	3.	4.
W041A_04	Copper IUD	1.	W041A_04A	For how many years have you been using a copper IUD?	1.	2.	3.	4.
W041A_05	Implant	1.	W041A_05A	For how many years have you been using an implant?	1.	2.	3.	4.
W041A_06	Birth Control Ring	1.	W041A_06A	For how many years have you been using a birth control ring?	1.	2.	3.	4.
W041A_07	Sterilization	1.						
W041A_08	Diaphragm	1.						
W041A_09	Condom	1.						
W041A_10	Other	1.						

W042 To what extent have your sexual needs been met during the past year?

1. Completely
2. Almost completely
3. Partly
4. A little
5. Not at all
6. Have not had sexual needs during the past year
7. Do not know
8. Do not wish to answer
99. Undefined

W043 During the past year, how often have you been sexually active?

1. Every day
2. 3-6 times a week
3. 1-2 times a week
4. 1-3 times a month
5. Less than once a month
6. Not during the past year
7. Do not know
8. Do not wish to answer
99. Undefined

W044 During the past year, have you experienced a lack of or reduced sexual desire?

1. Yes, constantly
2. Yes, often
3. Yes, from time to time
4. Yes, but rarely → W047_1
5. No, never → W047_1
6. Do not know → W047_1
7. Do not wish to answer
99. Undefined

W045 Has your lack of sexual desire been a problem for you?

Dependent on: W044

1. Yes
2. No
3. Do not know
4. Do not wish to answer
9. Undefined
10. Irrelevant

W046 Has your lack of sexual desire been a problem for your partner?

Dependent on: W044

1. Yes
2. No
3. Do not know
4. Do not wish to answer
5. Do not have a partner
9. Undefined
10. Irrelevant

During the past year, how often have you experienced the below situations during sex?

	Undefined 99.	Not at all	Rarely	From time to time	Often	Every time	Do not know	Do not wish to answer
W047_1	I have not been sufficiently wet in the vagina	1.	2.	3.	4.	5.	6.	7.
W047_2	I have not – or with great difficulty only – been able to reach orgasm	1.	2.	3.	4.	5.	6.	7.
W047_3	I have had vaginismus that prevented intercourse	1.	2.	3.	4.	5.	6.	7.
W047_4	I have experienced pain in my genitals/abdomen during intercourse (pilot version: I have experienced pain in my genitals during intercourse)	1.	2.	3.	4.	5.	6.	7.

Where is the pain located? (Tick two boxes if necessary)

Dependent on: W047_4

W047A_1 1. At the entrance of the vagina**W047A_2** 1. Deeply in the abdomen**W047A_3** 1. Do not know**W048** Would you like to add more detail about your sexual health? Feel free to write a comment here: _____



Thanks for still hanging in there!

We know the questionnaire is long, but you have just passed the halfway mark!

Your effort will have an impact on women's health in the future.



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Menstruation and menopause

Inspired by the Danish Nurse Cohort 1999.

W049 Do you still have regular periods?

In the pilot version the question was phrased: Do you still have your periods? Answer values were 1=Yes, 2=Yes, but they are not regular 3=No, 4=Do not know. Answer values 2 and 3 have been recoded to the value 6 No (reason unknown)

* NB! In version 2 the logic skips have been altered, so if you answer 3 you get question W052. This means that not everybody has had the same opportunity to answer W052.

** NB! In version 2 the logic skips have been altered, so if you answer 3 or 5 you get question W058_01.

This means that not everybody has had the same opportunity to answer W058_01.

The version appears from the WVERSION variable

1. Yes → W050 → W051 → W059
2. Yes, because I am on hormonal replacement therapy at the moment (other than the pill)
→ W052 → W053 → W056_1 → W058_01 → W059
3. No, not at the moment (pregnant, breast feeding, hormonal IUD, uterus removed...)
→ W052(only version 2)* → W054 → W055 → W056_1
→ W058_01(only version 2)** → W059
4. No, my menopause has started (naturally/ovaries removed/medicinal)
→ W055 → W056_1 → W057 → W058_01 → W059
5. Do not know → W054 → W055 → W056_1 → W058_01(only version 2)** → W059
6. No (reason unknown) Pilot version only
9. Undefined

W050 Do you suffer from abdominal pain during your periods?

Dependent on: W049

NB! In the pilot version if W049=5 respondents would have the opportunity to answer W050, and some did. As from version 1 a logic skip was added, so that W050 could not be answered after W049=5.

1. No → W051
2. From time to time
3. Often
4. Every time
5. Do not know → W051
9. Undefined
10. Irrelevant

W050A How strong is the pain? During periods.

Dependent on: W049, W050

1. Light
2. Moderate
3. Strong
4. Excruciating
5. Do not know
9. Undefined
10. Irrelevant

W051 Do you suffer from abdominal pain between periods?

Dependent on: W049

NB! In the pilot version if W049=5 respondents would have the opportunity to answer W051, and some did. As from version 1 a logic skip was added, so that W051 could not be answered after W049=5.

1. No → W052
2. From time to time
3. Often
4. Every day
5. Do not know → W052
9. Undefined
10. Irrelevant

W051A How strong is the pain? Between periods.

Dependent on: W049, W051

1. Light
2. Moderate
3. Strong
4. Excruciating
5. Do not know
9. Undefined
10. Irrelevant

W052 Do you receive hormonal replacement therapy (HRT) because of discomforts due to menopause?

Dependent on: W049 (NB! Changes in the logic skips are described under W049)

* NB! In version 2 the logic skip has been changed, so if your answer is 2 you will get the question

W056_1. This means that not everybody has had the same opportunity to answer W056_1

1. Yes → W053 → W056_1 → W058_01 (excl. W058_06) → W059
2. No → W053 → W056_1(version 2 only)* → W058_01 (incl. W058_06) → W059
9. Undefined
10. Irrelevant

W053 How old were you when you started hormone treatment?

Dependent on: W049, WVERSION

In the pilot version this question was phrased: "How old were you when you received HRT for the first time?" with the answer values 1 = 'under 40', 2 = '40-45 years', 3 = '46-47 years', 4 = '48-49 years', 5 = '50-51', 6 = '52-53', 7 = '54-55', 8 = '56 years or older'. As the scale cannot be transferred directly the pilot variable has changed its name to raw_W053_p, in order to give you the possibility to add values yourself. NB! The variable W053 will be marked as missing, if WVERSION = 1. Pilot

The version appears from the WVERSION variable

1. under 40
2. 41-45
3. 46
4. 47
5. 48
6. 49
7. 50
8. 51
9. 52
10. 53
11. 54
12. 55
13. 56
14. 57 or older
99. Undefined
100. Irrelevant

W054 Do you think your menopause has started?

Dependent on: W049

In the pilot version these questions were phrased: "I no longer have my periods because..." 1 = 'I'm pregnant', 2 = 'I am still breastfeeding', 3 = 'I have a IUD', 4 = 'my menopause has started', 5 = "I don't know". Values 1 and 2 have been recoded to 2. No.

Values 3 and 5 have been recoded to 3. Do not know.

Value 4 has been recoded to 1. Yes

The version appears from the WVERSION variable

1. Yes → W055 → W056_1 → W059
2. No → W059
3. Do not know → W059
9. Undefined
10. Irrelevant

W055 How old were you when your menopause started?

Dependent on: W049, W054

In the pilot version this question was phrased: How old were you when your periods stopped? The answer choices are the same except for 15. Do not know.

The value 15 "Do not know" has been added in version 2.

The version appears from the WVERSION variable

1. under 40
2. 41-45
3. 46
4. 47
5. 48
6. 49
7. 50
8. 51
9. 52
10. 53
11. 54
12. 55
13. 56
14. 57 eller older
15. Do not know version 2 only
99. Undefined
100. Irrelevant

What is the reason for your menopause? (You may tick several boxes)

Dependent on: W049, W052, W054 (NB! Change in logic skips is described under W052)

W056_2 has been taken out in version 2, which means that only a limited number of respondents have been able to choose W056_2

- | | | | |
|---------------|----|--|-------------------|
| W056_1 | 1. | Natural onset | |
| W056_2 | 1. | I had my uterus removed | (only version 1.) |
| W056_3 | 1. | I had both my ovaries removed | |
| W056_4 | 1. | My menopause was caused by medicine or radiation therapy | |
| W056_5 | 1. | Do not know | |

W057 Are you receiving or have you received hormonal replacement therapy (HRT) in connection with your menopause? (not just the pill).

Dependent on: W049

- | | | |
|-----|---|------------------|
| 1. | No, I have never received HRT. | → W059 |
| 2. | Yes, I have received/currently receive HRT. | → W058_01 → W059 |
| 3. | Do not know | → W059 |
| 9. | Undefined | |
| 10. | Irrelevant | |

What was the reason for starting HRT? (You may tick several boxes)

Dependent on: W049, W057 (NB! Change in logic skips is described under W049)

- | | | |
|----------------|----|-----------------------------------|
| W058_01 | 1. | Bad mood or irritability |
| W058_02 | 1. | Hot flushes or increased sweating |
| W058_03 | 1. | Problems sleeping |
| W058_04 | 1. | Irregular periods |



- W058_05 1. Urinary troubles
- W058_06 1. Removal of ovaries Dependent on: W052 = No
- W058_07 1. Vaginal discomfort (e.g. dryness or pain during intercourse)
- W058_08 1. Osteoporosis prevention
- W058_09 1. Atherosclerosis prevention
- W058_10 1. Doctor's advice in general
- W058_11 1. Other, please describe: _____ **W058A**_____

W059 Have you ever been diagnosed with fibroids in your uterus?

1. Yes
2. No → W060
3. Do not know → W060
9. Undefined

W059A Have you received surgical or medical treatment for fibroids?

Dependent on: W059

1. Yes
2. No
3. Do not know
9. Undefined
10. Irrelevant

W060 Have you ever been diagnosed with PCOS (polycystic ovary syndrome)?

1. Yes
2. No → W061
3. Do not know → W061
9. Undefined

W060A Have you received surgical or medical treatment for PCOS?

Dependent on: W060

1. Yes
2. No
3. Do not know
9. Undefined
10. Irrelevant

W061 Have you ever had so severe pelvic pain that you have sought medical help?

1. Yes
2. No → W062
9. Undefined

What kind of treatment did you receive for your pelvic pain? (You may tick several boxes)

Dependent on: W061

- W061A_1** 1. Operation
- W061A_2** 1. Birth control pills
- W061A_3** 1. IUD (intrauterine device)
- W061A_4** 1. Pregnancy (doctor's suggestion)
- W061A_5** 1. Prescribed painkillers
- W061A_6** 1. Over the counter painkillers
- W061A_7** 1. Alternative treatment (acupuncture, zone therapy, herbal medication)
- W061A_8** 1. Other
- W061A_9** 1. No treatment

W061B How old were you the first time you sought medical help? Please enter 0 (zero), if you can't remember your age. NB! 0 for "Do not know" has been recoded to missing and the variable W061BA has been given the value 1 for Do not know.

Dependent on: W061 []

W061BA How old were you the first time you sought medical help? Do not know

Dependent on: W061, W061B

- 1. Do not know
- 9. Undefined
- 10. Irrelevant

W061C Was the treatment beneficial?

Dependent on: W061

- 1. Yes
- 2. Partly
- 3. No
- 4. Do not know
- 9. Undefined
- 10. Irrelevant

Urinary tract infections

W063-W066A: A Danish translation of ICIQ-FLUTS, which is an updated version of BFLUTS, validated in Jackson S et al. The Bristol Female Lower Urinary Tract Symptoms questionnaire: development and psychometric testing. Br J Urol 1996'. ICIQ-FLUTS has also been used in a follow-up of the ALSPAC mothers in 2011-12. The ICIQ-FLUTS differs from the BFLUTS by including an impact measure.

W062 Have you ever had a bladder infection or and infection in your renal pelvis or kidneys?

- 1. Yes
- 2. No → W063
- 3. Do not know → W063
- 9. Undefined

W062A How often have you had such infections?

Dependent on: W062

- 1. 1-5 times
- 2. 5-10 times

- 3. More than 10 times
- 4. Do not know
- 9. Undefined
- 10. Irrelevant

How was your infection treated?

Dependent on: W062

	Undefined 9. Irrelevant 10.	Every time	From time to time	Never
W062B_1	Prescription drug	1.	2.	3.
W062B_2	Herbal medicines	1.	2.	3.
W062B_3	Alternative treatment	1.	2.	3.

Urination and urinary problems

Please consider the past 4 weeks when answering the questions on the following pages.

W063 How often do you pass urine during the day, on average?

- 1. 1-6 times
- 2. 7-8 times
- 3. 9-10 times
- 4. 11-12 times
- 5. 13 times or more
- 6. Do not know
- 9. Undefined

W064 During the night, how many times do you have to get up to urinate, on average?

- 1. Rarely → W065_1
- 2. Once
- 3. Once or twice
- 4. Twice
- 5. 3 times
- 6. 4 times or more
- 9. Undefined

W064A How much does that bother you?

Dependent on: W064

- 0. Not at all
- 1.
- 2.
- 3.
- 4.

- 5. Some
- 6.
- 7.
- 8.
- 9.
- 10. A great deal
- 99. Undefined
- 100. Irrelevant

	Undefined 9.	Not at all	Rarely	From time to time	Often	Every time	How much does this bother you? Scale 0-10 0 = Not at all 5 = A bit 10 = A lot 99 = Undefined 100 = Irrelevant
W065_1	How often do you have a sudden need to rush to the toilet to urinate?	1.	2.	3.	4.	5.	W065_1A
W065_2	Do you have pain in your bladder?	1.	2.	3.	4.	5.	W065_2A
W065_3	When you sit down on the toilet is there a delay before you can start urinating?	1.	2.	3.	4.	5.	W065_3A
W065_4	Do you have to strain to urinate?	1.	2.	3.	4.	5.	W065_4A
W065_5	Do you stop and start more than once while urinating without wanting to?	1.	2.	3.	4.	5.	W065_5A
W065_6	Does urine leak before you can get to the toilet?	1.	2.	3.	4.	5.	W065_6A
W065_7	Does urine leak when you are physically active, exert yourself, cough or sneeze?	1.	2.	3.	4.	5.	W065_7A
W065_8	Do you ever leak urine for no obvious reason and without feeling that you want to go?	1.	2.	3.	4.	5.	W065_8A
W065_9	Do you leak urine when you are asleep?	1.	2.	3.	4.	5.	W065_9A

- W066** How often do you leak urine?
- 1. Never → W067
 - 2. Once a month or less
 - 3. 2-4 times a month
 - 4. Once a week or less
 - 5. 2-3 times a week

- 6. Once a day
- 7. Several times a day
- 99. Undefined

W066A How much does this bother you?

Dependent on: W066

- 0. Not at all
- 1.
- 2.
- 3.
- 4.
- 5. Some
- 6.
- 7.
- 8.
- 9.
- 10. A great deal

W067 Did urine leaks bother you prior to childbirth?

- 1. Yes
- 2. No
- 3. Do not know
- 9. Undefined

W068 Have you ever had surgery for urinary problems?

NB! The logic skips have been modified. In the pilot version the respondent would not get this question if she answered 1. Never in W066 .

- 1. Yes
- 2. No
- 3. Do not know
- 4. Do not wish to answer
- 9. Undefined

Diet

Dietary questions used in the Inter 99, Glostrup 2006 and 2007: the below dietary quality score is based on 8 questions selected from a 48 item food questionnaire and validated against a 198 item food questionnaire. See Toft U et al. The Dietary Quality Score: validation and association with cardiovascular risk factors: the Inter99 study. Eur J Clin Nutr. 2007 Feb;61(2):270-8.

How often do you eat the following kind of bread?

	Undefined 9.	More than twice a day	1-2 times a day	4-6 times a week	1-3 times a week	Less than once a week	Never
W069_1	Rye bread	1.	2.	3.	4.	5.	6.
W069_2	White bread, buns	1.	2.	3.	4.	5.	6.
W069_3	Wholemeal bread, buns	1.	2.	3.	4.	5.	6.

How often do you eat bread with the following kinds of fat/butter

	Undefined 9.	More than twice a day	1-2 times a day	4-6 times a week	1-3 times a week	Less than once a week	Never
W070_1	Butter	1.	2.	3.	4.	5.	6.
W070_2	Kærgården (a dairy/veg. oil blend butter product)	1.	2.	3.	4.	5.	6.
W070_3	Minarine (plant based butter product)	1.	2.	3.	4.	5.	6.
W070_4	Plant based margarine	1.	2.	3.	4.	5.	6.
W070_5	Fat	1.	2.	3.	4.	5.	6.
W070_6	Eat bread without fat/butter	1.	2.	3.	4.	5.	6.

How often do you eat the following kinds of cold cuts/spreads?

	Undefined 9.	More than once a day	5-7 times a week	3-4 times a week	1-2 times a week	Less than once a week	Never
W071_1	Low fat cheese (30+ or less)	1.	2.	3.	4.	5.	6.
W071_2	Full fat cheese (45+ or more)	1.	2.	3.	4.	5.	6.
W071_3	Fish spread	1.	2.	3.	4.	5.	6.
W071_4	Sliced meats, pâté	1.	2.	3.	4.	5.	6.

How often do you eat the following kind of warm dishes?

	Undefined 9.	More than once a day	5-7 times a week	3-4 times a week	1-2 times a week	Less than once a week	Never
W072_1	Meat (beef, veal, porc or lamb)	1.	2.	3.	4.	5.	6.
W072_2	Poultry	1.	2.	3.	4.	5.	6.
W072_3	Fish	1.	2.	3.	4.	5.	6.
W072_4	Vegetables – vegetable dishes	1.	2.	3.	4.	5.	6.
W072_5	Vegetables in stews or wok dishes	1.	2.	3.	4.	5.	6.
W072_6	Fastfood (pizza, burger, sausages, shawarma m.m.)	1.	2.	3.	4.	5.	6.

How often do you eat the following kinds of vegetables?

	Undefined 9.	More than once a day	5-7 times a week	3-4 times a week	1-2 times a week	Less than once a week	Never
W073_1	Mixed salad, crudités	1.	2.	3.	4.	5.	6.
W073_2	Raw vegetables	1.	2.	3.	4.	5.	6.
W073_3	Cooked vegetables (boiled, baked, fried)	1.	2.	3.	4.	5.	6.

How often do you or others in your household use the following kinds of fat/oil in cooking?

	Undefined 9.	More than that	5-7 times a week	3-4 times a week	1-2 times a week	Less than once a	Never
W074_1	Margarine for frying	1.	2.	3.	4.	5.	6.
W074_2	Plant based margarine	1.	2.	3.	4.	5.	6.
W074_3	Liquid margarine	1.	2.	3.	4.	5.	6.
W074_4	Butter, Kærgården and the like	1.	2.	3.	4.	5.	6.
W074_5	Olive oil	1.	2.	3.	4.	5.	6.
W074_6	Corn, sunflower or grapes core oil	1.	2.	3.	4.	5.	6.
W074_7	Cooking oil, lettuce oil, rapeseed oil	1.	2.	3.	4.	5.	6.
W074_8	Cook without fat and/or oil	1.	2.	3.	4.	5.	6.

W075 How many pieces of fruit do you usually eat?

1. More than 6 pieces a day
2. 5-6 pieces a day
3. 3-4 pieces a day
4. 1-2 pieces a day
5. 3-6 pieces a week
6. 1-2 pieces a week
7. None / almost none
8. Do not know
99. Undefined

How often do you eat and drink the below?

	Undefined 99.	More that once a day	5-7 ti- mes a week	3-4 ti- mes a week	1-2 ti- mes a week	2-3 ti- mes a month	Less than twice a month	Ne- ver
W076_1	Cakes, chocolate, ice cream, sweets (liquorice, wine gum/jelly, etc.) snacks (chips, popcorn etc.)	1.	2.	3.	4.	5.	6.	7.
W076_2	Soda, soft drink or fruit juice with sugar	1.	2.	3.	4.	5.	6.	7.

Dietary Supplements

W077 Have you, during the past year and for at least three months in a row, taken supplements or herbal remedies daily or almost daily?

1. Yes
2. No → W078_1
3. Do not know
9. Undefined

If Yes, which (you may tick several boxes):

Dependent on: W077

W077A_01 1. Multi vitamins

W077A_02 1. Vitamin B

W077A_03 1. Vitamin C

W077A_04 1. Vitamin D

W077A_05 1. Calcium

W077A_06 1. Iron

W077A_07 1. Folate

W077A_08 1. n-3 fatty acid

W077A_09 1. Fish oil

W077A_10 1. Glucosamine

W077A_11 1. Ginseng

W077A_12 1. Garlic supplements

W077A_13 1. Other, please specify: _____ **W077A_13A** _____

W077A_14 1. Other, please specify: _____ **W077A_14A** _____

W077A_15 1. Other, please specify: _____ **W077A_15A** _____

W077A_16 1. Other, please specify: _____ **W077A_16A** _____

Coffee and tea

Inspired by the Norwegian Birth Cohort MoBa

How many cups/mugs do you drink?

	Undefined 99.	more than 7 a day	6-7 a day	4-5 a day	2-3 a day	1 a day	5-6 a week	3-4 a week	1-2 a week	2-3 a mon th	1 a mon th	Rar ely	Never
W078_1	Filter coffee (1 cup)	1.	2.	3.	4.	5.	6.	7.	8.	9.	10.	11.	12.
W078_2	Instant coffee (soluble coffee) (1 cup)	1.	2.	3.	4.	5.	6.	7.	8.	9.	10.	11.	12.
W078_3	Cafe latte, cappuccino (1 cup)	1.	2.	3.	4.	5.	6.	7.	8.	9.	10.	11.	12.
W078_4	Espresso (1 cup)	1.	2.	3.	4.	5.	6.	7.	8.	9.	10.	11.	12.
W078_5	Decaffeinated coffee (1 cup)	1.	2.	3.	4.	5.	6.	7.	8.	9.	10.	11.	12.
W078_6	Tea (black tea, fruit tea etc.) (1 mug)	1.	2.	3.	4.	5.	6.	7.	8.	9.	10.	11.	12.
W078_7	Green tea (1 mug)	1.	2.	3.	4.	5.	6.	7.	8.	9.	10.	11.	12.
W078_8	Herbal tea (1 mug)	1.	2.	3.	4.	5.	6.	7.	8.	9.	10.	11.	12.

Smoking

The following questions are identical to the questions put to the mothers in the 11-year follow-up.

If the woman has participated in the 11-year follow-up, smoking questions were not asked in the mother follow-up, instead answers are imported from the 11-year follow-up.

The variable aar11janej = 1 indicates that the question was answered in the 11-year follow-up.

The variable FUDFYLDTO is the date on which the 11-year follow-up is completed.

W079 Do you smoke?

NB: aar11janejDifferent completion date if aar11janej=1

1. Yes, on a daily basis
2. Yes, occasionally → W083
3. No, but I used to → W083
4. No, I have never smoked → W087
9. Undefined

W080 On an average how many cigarettes do you smoke a day?

Dependent on: aar11janej W079 NB: Different completion date if aar11janej=1

[] Enter number of cigarettes, e.g. 15

W081 How old were you when you started smoking daily?

Dependent on: aar11janej W079 NB: Different completion date if aar11janej=1
[] Enter your age, e.g. 16

W082 For how many years have you been smoking on a daily basis?

Dependent on: aar11janej W079 NB: Different completion date if aar11janej=1
[] Enter number of years, fx 25

W083 Did you smoke on a daily basis earlier?

Dependent on: aar11janej W079 NB: Different completion date if aar11janej=1
1. Yes
2. No → W087
9. Undefined
10. Irrelevant

W084 What is the best average measure for your daily tobacco consumption during the years you smoked? (except during pregnancy or breastfeeding):

Dependent on: aar11janej W079, W083 NB: Different completion date if aar11janej=1
[] Enter number of cigarettes, e.g. 15

W085 How old were you when you started smoking on a daily basis?

Dependent on: aar11janej W079, W083 NB: Different completion date if aar11janej=1
[] Enter your age, e.g. 23

W086 When did you stop smoking on a daily basis?

Dependent on: aar11janej W079 NB: Different completion date if aar11janej=1
[] Enter year, e.g. 2003

Alcohol

Inspired by Diet, Cancer and Health, Danish Cancer Association

W087 How often do you usually drink alcohol? (beer, breezers, wine, alcopops, liqueur wine or spirits)? Consider the past year

- | | | |
|-----|------------------------|---------|
| 1. | I do not drink alcohol | → W089 |
| 2. | Less than once a month | → W088 |
| 3. | 1-3 times per month | → W087A |
| 4. | 1-2 times per week | → W087B |
| 5. | 3-4 times per week | → W087B |
| 6. | 5-6 times per week | → W087B |
| 7. | Every day | → W087B |
| 8. | Do not wish to answer | → W089 |
| 99. | Undefined | |

1 unit corresponds to:

1 beer



1 glass of wine (1 bottle=6 glasses)

1 snaps or other spirits (4 cl)

W087A How many units do you usually drink within a month?

Dependent on: W087

[] number of units

W087B How many units do you usually drink within a week?

Dependent on: W087

[] number of units

W088 How often do you drink 5 or more units in a single day?

Dependent on: W087

1. Almost daily or daily
2. Weekly
3. Monthly
4. Rarely
5. Never
6. Do not wish to answer
9. Undefined
10. Irrelevant

Weight

W089 What is your current weight? Enter the weight in entire kilos, eg 68.

I weigh [] kg. You can enter 0 (zero) if you do not know your weight. Note! 0 for Don't know is recoded to missing and the variable W089A is created with the value 1 for Don't know.

(Your height? You informed us earlier, so we won't ask again.)

W089A What is your current weight? Do not know

Dependent on: W089

1. Do not know
9. Undefined
10. Irrelevant

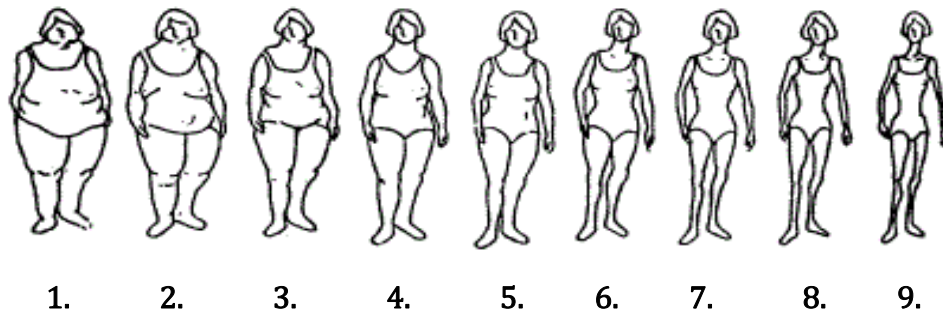
W090 Is your weight affected by you being pregnant?

1. Yes
2. No
3. Do not know
9. Undefined

W091 Place a mark below the picture closest to your physique.

The below drawing are developed by Albert J Stunkard in the 80es and we have his permission (by mail) to use them in the DNBC follow-up among mothers. The pictures are initially described in 'Sørensen TIA,

Stunkard AJ et al. The accuracy of reports of weight: Children's recall of their parents' weight 15 years earlier. International Journal of Obesity 1983;7,115-122' and 'Stunkard AJ, Sørensen TIA, Schulsinger F. Use of the Danish Adoption Register for the study of obesity and thinness [Project description]. Genetics of Neurological and Psychiatric Disorders. (Eds) Kety SS, Rowland LP, Sidman RL, Mathysse SW. New York, Raven Press 1983'. They have been used in numerous studies.



99. Undefined

Think back to when you were 18 years old. What was your weight approximately at that time?

You can specify the weight in range, for example, 61-65 kilos, or in whole kilos.

W092 When I was 18, I weighed ...

The question is asked both as an interval and in exact value. Note that in cases where the answer is both in range and in exact value, the intervals in some cases do not match the specified weight.

- | | | |
|----|------------------------------------|----------------|
| 1. | Weight is in range | → W092A |
| 2. | Weight is in exact value | → W092B |
| 3. | Weight is in range and exact value | → W092A, W092B |
| 4. | Do not know | → W093 |
| 9. | Undefined | |

W092A When I was 18, I weighed around ... Weight in range

Dependent on: W092

1. under 40 kilo
2. 41-45 kilo
3. 46-50 kilo
4. 51-55 kilo
5. 56-60 kilo
6. 61-65 kilo
7. 66-70 kilo
8. 71-75 kilo
9. 76-80 kilo
10. 81-85 kilo
11. 86-90 kilo
12. 91-95 kilo
13. 96-100 kilo
14. 101-110 kilo
15. 111-120 kilo
16. 121-130 kilo
17. 131-140 kilo
18. 141-150 kilo
19. more than 150 kilo
99. Undefined

W092B or
 I weighed... Exact value. Note! 0 for Don't know is recoded as missing and the variable W092 is recoded to the value 4 for Don't know unless W092A is filled in with the weight in range.
 Dependent on: W092
 [] kg

Weight Development after your last childbirth

These things can be difficult to remember. Try to go with your best guess. Disregard the first year after your last childbirth.

W093 What did you weigh a year after your last childbirth? You can specify the weight in range e.g. 61-65 kilos, or whole kilos.

The question is asked both as an interval and in exact value. Note that in cases where the answer is both in range and in exact value, the intervals in some cases do not match the specified weight.

- | | | |
|----|------------------------------------|----------------|
| 1. | Weight is in range | → W093A |
| 2. | Weight is in exact value | → W093B |
| 3. | Weight is in range and exact value | → W093A, W093B |
| 4. | Do not know | → W094 |
| 9. | Undefined | |

W093A What did you weigh a year after your last childbirth? You can specify the weight in range e.g. 61-65 kilos, or whole kilos.

Dependent on: W093

1. under 40 kilos
2. 41-45 kilos
3. 46-50 kilos
4. 51-55 kilos
5. 56-60 kilos
6. 61-65 kilos
7. 66-70 kilos
8. 71-75 kilos
9. 76-80 kilos
10. 81-85 kilos
11. 86-90 kilos
12. 91-95 kilos
13. 96-100 kilos
14. 101-110 kilos
15. 111-120 kilos
16. 121-130 kilos
17. 131-140 kilos
18. 141-150 kilos
19. more than 150 kilos
99. Undefined

Or

W093B I weighed ... Note! 0 for Do not know is recoded to missing and variable W093 is recoded to value 3 for Do not know unless W093A is filled in with the weight in range

Dependent on: W093

[] kg

W094 Have you had an effective weight loss of more than 5 kg during the period after your last birth?

1. Yes, at one single occasion
2. Yes, at multiple occasions
3. No → W095_1Ah
4. Do not know → W095_1Ah
9. Undefined

W094A What is the most important weight loss you have had?

Dependent on: W094

1. 6-10 kg
2. 11-15 kg
3. 16-20 kg
4. more than 20 kg
5. Do not know
9. Undefined
10. Irrelevant

What do you think was the cause of this weight loss? (You may tick several boxes) - Diet

Dependent on: W094, WVERSION

In the pilot version, the response W094B_3 = 1. illness is not an option.

In the pilot version, the answer is "Both diet and exercise". In those cases, W094B_1 = 1 and W094B_2 = 1 are recorded.

The version appears from the WVERSION variable

W094B_1 1. Diet**W094B_2** 1. Exercise**W094B_3** 1. Illness Only version 1 and version 2**W094B_4** 1. Treatment for illness**W094B_5** 1. Bariatric treatment**W094B_6** 1. Bariatric surgery**W094B_7** 1. Other, please specify _____ **W094BA**_____

Physical activity – Daily

To assess physical activity we have used a Physical Activity Scale (PAS2) developed and validated in Glostrup and used in 'How are you?' 2006 and 2007. PAS2 includes activities related to both work, leisure and sports. Time spent on the various activities is converted into energy consumption (MET score (metabolic equivalent)), either separately for each kind of activity or as a total measure of daily activity / energy consumption. PAS2 is an enhancement / further development of PAS1 validated in Inter99 - see 'Aadahl M et al. Self-reported physical activity compared to maximal oxygen uptake in adults. Eur J Cardiovasc Prev Rehabil. 2007; 14 (3): 422-8 and Aadahl M et al. Validation of a new self-report instrument for measuring physical activity. Med Sci Sports Exerc. 2003; 35 (7): 1196 to 1202'.

PAS2 is validated against PAS1 and found not to overestimate energy consumption to the same extent as PAS1 (Aadahl M et al. Construct validity of a revised Physical Activity Scale and testing by cognitive interviewing. Scandinavian Journal of Public Health 2010; 38: 707-714).

The following questions concern your physical activity both at work and in your leisure time. Physical activity includes all activities where you get your muscles moving and use your strength. So don't just think about exercise, sports or the like. If you are a student, it counts as work.

Note! Questions W095_1, W095_5 and W095_6 are aimed at persons currently employed and students (e.g. W095_1Ah) or at persons NOT in employment, respectively (e.g. W095_1Bh).

Dependent on: W001. For currently employed persons and students	Hours	Minutes
How many hours and minutes do you sleep approx. on a regular weekday? (include naps)	W095_1Ah	W095_1Am
At your work , how many hours and minutes a day do you typically spend on: sedentary work?	W095_2Ah	W095_2Am
At your work , how many hours and minutes a day do you typically spend on: standing or walking?	W095_3Ah	W095_3Am
At your work , how many hours and minutes a day do you typically spend on: Hard physical work? (E.g. heavy lifting or climbing stairs)	W095_4Ah	W095_4Am
How many hours and minutes do you spend daily on cycling or walking for transport to and from work?	W095_5Ah	W095_5Am
In your spare time , how many hours and minutes a day do you spend approx. watching TV, surfing the computer, sitting down and relaxing, reading and listening to music or the like?	W095_6Ah	W095_6Am

The following questions concern your physical activity in your everyday life. Physical activity includes all activities where you get your muscles moving and use your strength. So don't just think about exercise, sports or the like.

Dependent on: W001. For currently unemployed persons	Timer	Minutter
For how many hours and minutes do you sleep during a typical 24 hour weekday (include naps)	W095_1Bh	W095_1Bm
How many hours and minutes do you spend daily on cykling or walking in connection with your daily activities?	W095_5Bh	W095_5Bm
During the day how many hours and minutes do you spend watching TV, surfing the internet, relax, read, listen to music or the like?	W095_6Bh	W095_6Bm

NB! In version 2 the logic skip has been changed so that respondents who have answered W001 "4: used to have a job" have been given the question for currently employed respondents (W095_1A) instead of the question for currently unemployed respondents (W095_1B)

Physical activity – Weekly

The below questions address your WEEKLY activity.

NB! Questions W096_1 – W096_3 are aimed at currently employed persons and students (e.g. W096_1Ah) or at persons NOT in employment, respectively (e.g. W096_1Bh).

Dependent on: W001. currently employed persons and students	Timer	Minutter
In you spare time - how many hours and minutes do you spend every week on light physical activity like walks, light housecleaning or light exercise like yoga, bowling or the like? (do not count transport to and from work)	W096_1Ah	W096_1Am
In you spare time - how many hours and minutes do you spend every week on gardening, heavy housework or medium exercise like gymnastics, dancing, muscular strenght exercises or the like? (do not count transport to and from work)	W096_2Ah	W096_2Am
In you spare time - how many hours and minutes do you spend every week on high-impact sports like running, jogging, soccer, tennis, aerobics or the like? (do not count transport to and from work)	W096_3Ah	W096_3Am

The following questions deal with WEEKLY activity that you have not already calculated during daily activity.

Dependent on: W001. For currently unemployed persons	Timer	Minutter
How many hours and minutes do you spend every week on light physical activity such as walking, easy cleaning or slightly strenuous exercise such as yoga, bowling or the like?	W096_1Bh	W096_1Bm
How many hours and minutes do you spend every week on gardening, heavy housework or moderately strenuous sports such as gymnastics, dancing, muscular strenght exercises or the like?	W096_2Bh	W096_2Bm
How many hours and minutes do you spend every week on high-impact sports and exercise such as running, jogging, soccer, tennis, aerobics or the like?	W096_3Bh	W096_3Bm

W097_A You can write a general comment about physical activity here:

Dependent on: W001. For currently employed people and students

W097_B You can write a general comment about physical activity here:

Dependent on: W001. For currently unemployed persons

Note! As of version 1, the logic skip has been changed so that respondents who have answered W001 "4: used to have a job" have been given the question for currently employed respondents (W097_A) instead of the question for currently unemployed respondents (W097_B)

W_KOMMTAR If you have comments or detailed information, you can write it here. Please do not use this field for important messages such as opting out of the study. If you have questions please write to us at bsmb@ssi.dk
